

**OPENING PRAYER**

**Free choice**

You created us all free Lord...  
Free human beings... free to choose...free to decide.

To be confirmed is to decide to follow Jesus and be like him...  
not a decision to be taken lightly....

Thank you for giving me the ability to think, choose and decide.  
Help me to be strong and ready to make the right choices... the right decisions.  
Help me in my decision about Confirmation.



**CONCLUDING PRAYER**

**The call of Jeremiah**

The word of Yahweh came to me, saying:  
'Before I formed you in the womb I knew you;  
Before you came to birth I consecrated you;  
I appointed you as prophet to the nations'

I then said, 'Ah, ah, ah, Lord Yahweh you see,  
I do not know how to speak: I am only a  
child!'

But Yahweh replied, 'Do not say, 'I am only a  
child,'

For you must go to all to whom I send you  
and say whatever I command you.

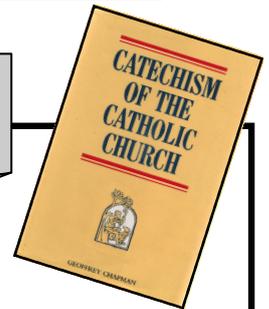
Do not be afraid of confronting them,  
For I am with you to rescue you,' Yahweh  
declares.

*Jeremiah 1:4-9*



**REFLECT**

**From  
THE CATECHISM OF THE  
CATHOLIC CHURCH**



*Paragraphs  
1302-1303*

The Effect of the sacrament of Confirmation is  
the full outpouring of the Holy Spirit as  
ounce granted to the apostles on the day of  
Pentecost.

Confirmation brings an increase and deepening  
of baptismal grace:

- It makes us better sons and daughters of God.
- It unites us more firmly to Christ;
- It increases the gifts of the Holy Spirit in us;
- It renders our bond with the Church more perfect;
- It gives us a special strength of the Holy Spirit to spread and confess the name of Christ boldly, and never to be ashamed of the Cross.