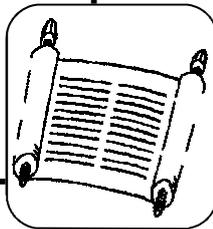


OPENING PRAYER

Direct me ...

Direct me in your ways, Lord
And teach me your paths
Encourage me to walk in your
truth and teach me;
Since you are the God who
saves me.

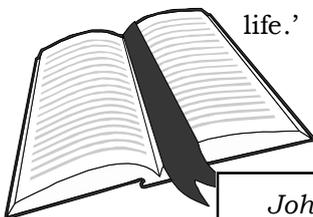
Psalm 25:4-5



REFLECT

To whom would we go?

Jesus said,
'I am the bread of life.
No one who comes to me will ever hunger;
No one who believes in me will ever thirst.
Anyone who does eat my flesh and drink my
blood has eternal life and I shall raise him
up on the last day.'
After hearing this, many of his followers said,
'This is intolerable language. How could
anyone accept it?' Many of his disciples
went away and accompanied him no more.
Then Jesus said to the Twelve, 'What about
you, do you want to go away too?'
Simon Peter answered, **Lord, to whom shall
we go?** You have the message of eternal
life.'

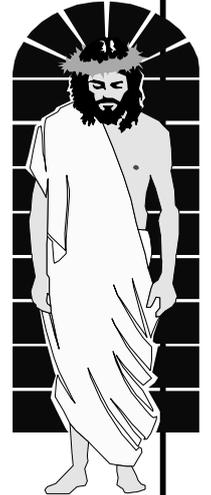


John 6: 35, 54, 60, 66-68

CONCLUDING PRAYER

One Solitary Life

Here is a man
Who was born of Jewish parents
The child of a peasant woman...
He never wrote a book.
He never held an office.
He never owned a home.
He never had a family.
He never went to college.
He never put foot inside a big city.
He never travelled two hundred
miles from the place where he
was born.



While still a young man, the tide of popular
opinion turned against him.
His friends ran away.
One of them denied him....
He was nailed to a cross
Between two thieves.
His executioners gambled for the only piece of
property he had on earth...his coat.
When he was dead
He was taken down
And laid in a borrowed grave
Through the pity of a friend.

Twenty wide centuries have come and gone
And he is the centrepiece of the human race
And the leader of the column of progress.
I am far within the mark
When I say that all the armies that ever
marched,
And all the navies that were ever built.....
Have not affected the life of man upon earth
As powerfully as has that
One Solitary Life.

Author unknown