

OPENING PRAYER

The Our Father

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil.



CONCLUDING PRAYER

The Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our
Lord.

He was born of the Virgin Mary.

He suffered under Pontius Pilate, was
crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

And is seated at the right hand of the
Father.

He will come again to judge
the living and the dead.

I believe in the Holy Spirit,

The holy Catholic Church.

The communion of saints,

The forgiveness of sins,

The resurrection of the body,

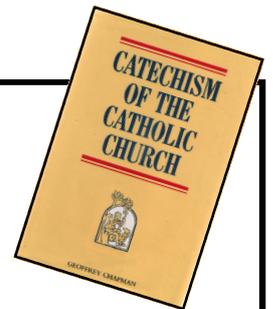
And the life everlasting.



REFLECT

From

**THE CATECHISM OF
THE CATHOLIC CHURCH**



Faith is a personal act—the free response of the human person to the initiative of God who reveals himself. But faith is not an isolated act. No one can believe alone, just as no one can live alone. You have not given yourself faith as you have not given yourself life. The believer has received faith from others and should hand it on to others. Our love for Jesus and for our neighbour impels us to speak to others about our faith. Each believer is thus a link in the great chain of believers. I cannot believe without being carried by the faith of others, and by my faith I help support others in the faith.

paragraph 166