

8 With the Spirit's help

LETTING THE HOLY SPIRIT WORK IN ME

A Someone can help !

There is help available for those who want to make use of it. Help for all that we need to live as true adults and Confirmed Christians. We only need to accept it. We only need to be humble enough to accept guidance from someone who is given to us to help us all the way ... the **HOLY SPIRIT**.

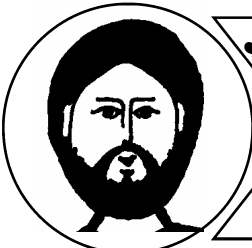
It was him who guided so many others like us before and is still doing it right now. He is guiding all people who are serving others in the Church, those who lead the Church and do other good work as Christians. He has led so many others before.

The Holy Spirit led Mary. He led Jesus too. He guided and gave help to the saints in whatever they did.

B In what way?

In what way do you think did the Holy Spirit help the following people?

Read or listen to the readings shown below and use the spaces to make brief notes about the Spirit's help in those situations.



Jesus

Tempted in the Desert

Matthew 4:1-11

HOW ?



Mary

Chosen to be Jesus' mother

Luke 1:26-38

HOW ?



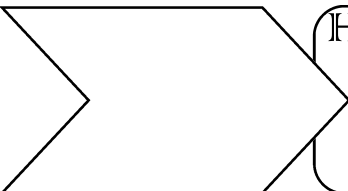
Stephen

Stoned to Death

Acts 7:55-60

HOW ?

ANYONE ELSE? Think of someone else who is living now. Someone you know or someone you have heard about in the news. Write who they are and how are they letting the Spirit work in them today.



HOW ?

C The Fruits of the Spirit in my life

And how is the Holy Spirit going to work in me ... and through me?

St Paul in his letters speaks of the **Fruits** of the Holy Spirit. Church Tradition lists 12 of these special **Fruits**. These are **good qualities** that the spirit helps us develop if we show readiness to let him work in us. These qualities are sometimes called **virtues**.

Look and **reflect** ... think about each of these good qualities

In the spaces below name occasions when you need to put these virtues into practice:

