

# 10 Models

## SAINTS – THEN AND NOW

In the last session we have already referred to the idea of **BEING A WITNESS**. Today we try to develop this idea a bit further and think of some people who lived as true **witnesses** of Jesus Christ. These are the people we call **SAINTS**.

### A What makes a saint ?

You must have heard about a few saints ... at school or in the parish or perhaps you have read about them. What is it in your view that makes a saint? In the spaces below write two key words about being a saint.

### B The Saints ... our models

Over the years throughout all the history of the Church, a great number of people have accepted God's invitation to **follow** him. In many ways and different circumstances they Witnessed for him in the world. The Church brings to our attention some of these brave and holy people so that we can learn from them ... we can keep them as our **MODELS** ... People for us to **imitate**.

There have been all sorts of saints over the centuries: men and women, white and black ... any nationality. Some died young, some lived a long age. They did all sorts of things ... some were married ... others were priests, nuns, missionaries, doctors. Even kings and queens ... but also some very poor people. It is truly a case of **ALL SORTS OF SAINTS**.

### C Confirmation name

There is a tradition in some countries that Confirmation Candidates choose a Confirmation Name. This is a name of a saint they like or they want to keep as their model. Someone to learn from and **imitate** in real life. Have you chosen your Confirmation name? Who is the saint you are going to keep as a model. Write brief points about what you know about them in the box below. *(If you are not sure yet about your choice you can leave this part for later.)*

Name of Saint

## D Saints I have heard of ..

In the spaces below write the names and brief notes or keywords about other saints you have heard of and that you admire for what they did.

Saint's name

Saint's name

Saint's name

Saint's name

## E Saints today

Can you think of anyone who is a saint today? Someone who is still alive and who by what he/she says or does are clearly a witness to Christ in today's world. Write brief notes about them in the space below.

Person's  
name

## F Asking the Spirit's help

The Holy Spirit is the one who gives us courage to be Witnesses to Christ like the Saints were. Write a short letter to the Holy Spirit asking him to help you in the task of being a disciple of Jesus Christ and live as an adult Christian in today's world.

Come Holy Spirit

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