

SESSION PLAN

CONFIRMATION PROGRAMME

2 What's the point

The purpose of Confirmation

AIMS

1. To reflect about the purpose of Confirmation and ensure candidates have the right motives for wanting to join this programme.
2. To reflect on the meaning of moving from a 'child' to a 'mature' Christian.
3. To enable candidates to express their expectations from their Confirmation course.

PRAYER

- Briefly introduce the main aims of this session
- Read the opening prayer and leave a few moments for silent reflection.

KEY WORDS

- Purpose/Motive
- Confirmation
- Child/adult/mature
- Choice

RESOURCES

- Worksheet 2
- Prayer Sheet 2
- Posters/Pictures of Children and Adults

NOTES

MAIN SESSION

- Explain that as human beings we always have **motives** or reasons why we do things and why we act in a certain way.
- Use the first part of the worksheet to enable candidates to reflect on why have they joined this confirmation programme.
- Invite them to discuss the different motives and why are they better or worse than the others .
- Move on to Part A. Invite one of the candidates to read through. Stress the fact that wanting to be Confirmed should be the Candidate's **free choice**.
- Explain that as Confirmation helps us to become adult Christians we must understand how a child's Christian life is different from that of an **adult** Christian. Use Part B of the worksheet to lead a discussion on this point. Use pictures or posters to facilitate the discussion.
- Move on to Part C to reinforce the same point. Read the quote by St Paul (1 Cor 13: 11). Read out the questions that follow and invite candidates to reflect on them.
- Talk about the importance of getting ready for confirmation. Explain that no sacrament can be celebrated without adequate **preparation**. This means that those who wish to be Confirmed need to commit themselves to do their best in following the Confirmation Programme.
- Introduce the next part and invite candidates to write their name and sign to show their **commitment** to the programme that leads to Confirmation.
- Part D: Talk about this programme and compare to a **journey** leading to something very important for us as Christians. Invite candidates to write brief notes about what their expectations are. Also invite a few to share them with the whole group.
- Introduce the last part. Briefly talk about the importance of prayer. Invite candidates to write a short prayer in the space provided on the worksheet.

CONCLUSION/REFLECTION

- Introduce the reading 'The call of Jeremiah' (Prayer sheet)
- Create a prayerful atmosphere. Invite someone to read slowly and then other candidates to read out prayers they have written.