



**UNIT 7**  **HAPPINESS** 

**A** What does being happy mean?

<p><b>Being happy means ...</b></p>  <p>_____</p> <p>_____</p> <p>_____</p>	<p><b>Being sad means ...</b></p>  <p>_____</p> <p>_____</p> <p>_____</p>
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**B** How important are the following in making you happy? (tick boxes)

	VERY IMPORTANT	IMPORTANT	NOT IMPORTANT
1. Having lots of money.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Being popular.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Having parents that love you.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Being as well dressed as anyone in your crowd.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Being respected by your friends.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Having good health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

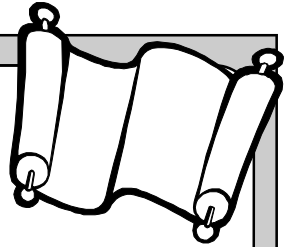
**C** The Bible on happiness ...

“You will teach me the path of life, unbounded joy in your presence, at your right hand delight for ever.”

PSALM 16:11

For me this means \_\_\_\_\_

\_\_\_\_\_





Read Matthew 5:3-10.

Draw lines to join the 8 Beatitudes.

# THE BEATITUDES



Jesus says:

## Happy are ...

1. BLESSED are the poor in spirit:	● they shall have their fill.
2. BLESSED are the gentle:	● they shall be comforted.
3. BLESSED are those who mourn:	● they shall have mercy shown them.
4. BLESSED are those who hunger and thirst for uprightness:	● the kingdom of Heaven is theirs.
5. BLESSED are the merciful:	● they shall have the earth as inheritance.
6. BLESSED are the pure in heart:	● the kingdom of Heaven is theirs.
7. BLESSED are the peacemakers:	● they shall see God.
8. BLESSED are those who are persecuted in the cause of uprightness:	● they shall be recognised as children of God.

## Living the Beatitudes ...

**E** Think about one of the BEATITUDES. Write about how you intend to put it into practice in your daily life.

I will try to be \_\_\_\_\_

by \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

